

ASH WEDNESDAY Worship

Wednesday, March 6

8:30 am School Mass
12:30 pm Mass
7:00 pm Mass



Saturday, April 13 4:30 pm Vigil Mass
Saturday, April 13 6:00 pm Vigil Mass
Sunday, April 14 7:30 am Mass
Sunday, April 14 9:30 am Mass
Sunday, April 14 11:30 am Mass



Thursday, April 18
Solemn Mass of The Lord's Supper
7:00 pm



Holy Saturday
Saturday, April 20
Food Blessing 1:00 pm
Easter Vigil 7:30 pm



Sunday, April 21

7:30 am Mass
9:30 am Mass
11:30 am Mass



Saturday, March 9 3 - 4 pm
Saturday, March 16 3 - 4 pm

Diocesan Evening of Confession
Wednesday, March 20 5 - 8 pm

Saturday, March 23 3 - 4 pm
Saturday, March 30 3 - 4 pm
Saturday, April 6 3 - 4 pm
Saturday, April 13 3 - 4 pm
Monday, April 15 3 - 4 pm

Communal Penance Service
Monday, April 15 7:00 pm

STATIONS OF THE CROSS

TRADITIONAL

Friday, March 8 7:30 pm
Friday, March 15 7:30 pm
Friday, March 22 7:30 pm
Friday, March 29 7:30 pm
Friday, April 5 7:30 pm
Friday, April 12 7:30 pm
Friday, April 19 7:30 pm

HF SCHOOL
(geared toward children)

Thursday, March 14 12:45 pm
Wednesday, March 20 12:45 pm
Thursday, March 28 12:45 pm
Wednesday, April 3 12:45 pm
Monday, April 8 12:45 pm



Friday, April 19
Solemn Commemoration of The Lord's Passion with Communion
3:00 pm

Lenten Reminders

Ash Wednesday, March 6, 2019, marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption. Our foreheads are marked with ashes to humble our hearts and remind us that life passes away on Earth. We remember this when we are told "Remember, Man is dust, and unto dust you shall return".

The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year and are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts.

The Code of Canon Law and our United States Conference of Bishops remind us of other works and means of doing penance: prayer, acts of self-denial, almsgiving and works of personal charity. Attending Mass daily or several times a week, praying the rosary, making the way of the cross, attending the parish evening prayer service, teaching the illiterate to read, reading to the blind, helping at a soup kitchen, visiting the sick and shut-ins and giving an overworked mother a break by babysitting - all of these can be even more meaningful and demanding than simply abstaining from meat on Friday.

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening - depending on when a person chooses to eat the main or full meal. **Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday.**

Abstinence means the abstaining from eating meat but not eggs, milk products or condiments made of animal fat. **All Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and every Friday during Lent.** There is no age when the obligation to abstain from eating meat stops. Catholics are required to practice abstinence from meat as long as health permits.